

Retirement, a Choice or Forced Change?

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If you are one of the 77 million baby boomers reach retirement age every seven seconds, about 12,000 people a day, or be part of what the government calls the workforce matures in 45 years the least, the word retirement capable of creating waves of anxiety, mile high stack of questions and also the relentless fear. In today's economy, anxiety and fear has been increased by 100 times when they retire. And 'choice to do so within your time frame or be liable to you or not?

Want to join the herd mentality you think retirement means to stop work and stop living? Retirement is not a life sentence to stop living, but rather the opportunity to choose how to spend the rest of his life.

The big question

Thousands of articles are written each day by investment firms and brokerage firms on the financial aspects of withdrawal, but this is just the tip of the iceberg when it comes to this lifestyle change. According to government statistics, 70% of people who reach the age of 65 every year, believe they have enough money saved for retirement. You can decide what kind of lifestyle she wants to live the retirement age and how to continue the flow of revenue to make contingency plans.

But what about the big question: "Do you want to retire and if so, what will you do with the rest of your life when you retire?" The traditional definition of retirement is the withdrawal or removal from service, office or business. The current definition is to leave, abandon or stop working. No matter if you are 25 or 65 fast approaching, many of the needs of thought and planning to go to these two questions.

Stop procrastinating

Procrastination is the enemy number one when it comes to thinking and planning for retirement. When he became an adult to plan ahead to get an education and find a job so you can live the kind of life I wanted. Retirement age is inevitable so slowly so that at retirement life can be as good as any other part of your life. According to government statistics, 33% of the workforce is now "mature" workers, 45 and faster and closer to retirement.

Maybe you do not want to stop working. It means that you will be able to remain in their current permanent job? You want to stay in their current permanent job? Current research shows that people who change from full-time job in a temporary part-time to live longer, are healthier and function better than those who stop working completely.

Retirement should be considered as a bridge between the past and the future is not the end of his life waiting to see if you die before the money runs out. This requires a lot of thought and planning on your part, and to ensure a smooth transition and to live a life you love once you get there. Stop procrastinating and start planning. There is life after retirement.

Create a retirement plan

According to the basic principles of Feng Shui to create balance in your life is the result of harmony and joy. Creating the retirement plan should focus on what kind of retirement lifestyle will provide you (and your spouse) balance.

Would you like to stay active, engaged and working? You want to travel with a spouse or relatives visit regularly? Do you like playing golf and the desire to play three or more times a week? You may need to move or reduce the size to make the transition to retirement. Statistics show that 59% of boomers plan to relocate. Of these, 21% plan to move to Florida and 18% in Arizona. Take these steps today to begin your retirement plan:

Pensioners who are the most happy and satisfied to say that it is for his family, friends and fitness. It was defined as having a strong social network, dedicated civic and being physically active.

The Feng Shui to energize your plan

His plan may not be perfect, but should be flexible. The circumstances, thought and change in health in recent years, so he owes to his plan. Anything to make sure your plan includes some of the energy by using the following ideas:

Retirement can be a universal term, but it means different things to different people. By planning what you want your retirement to look like will help you get closer to realization, as well as the attraction of their hopes and dreams for the future. Any thoughts you have today, if you must work on helping you create your future – think carefully and act.

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